

GLUTEN FREE, VEGETARIAN & VEGAN

Options

Salad Bar

GLUTEN FREE

Romaine Lettuce / Mixed Greens / Spinach
Grilled Chicken / Tofu / Bacon / Hard Boiled Eggs
Feta Cheese / Bleu Cheese / Cheddar Cheese
Shredded Carrots / Broccoli / Peppers / Red Onions
Olives Cranberries / Cucumber / Black Beans
Kidney Beans Garbanzo Beans / Hummus / Tomatoes
Sunflower Seeds / Diced Beets

VEGETARIAN

Romaine Lettuce / Mixed Greens / Spinach / Tofu
Shredded Carrots / Broccoli / Peppers / Red Onions
Olives / Cranberries / Cucumbers / Black Beans
Kidney Beans / Garbanzo Beans / Hummus / Tomatoes
Sunflower Seeds / Diced Beets

VEGAN

Romaine Lettuce / Mixed Greens / Spinach / Tofu
Shredded Carrots / Broccoli / Peppers / Red Onions
Olives / Cranberries / Cucumbers / Black Beans
Kidney Beans / Garbanzo Beans / Hummus
Tomatoes / Tomatoes / Diced Beets

DRESSINGS

Red Wine Vinegar Gluten Free, Vegetarian & Vegan
Balsamic Vinegar Gluten Free, Vegetarian & Vegan
Olive Oil Gluten Free, Vegetarian & Vegan
Balsamic Gluten Free, Vegetarian & Vegan
Bleu Cheese Gluten Free
Italian Gluten Free, Vegetarian & Vegan

Bamboo Kitchen

GLUTEN FREE

Tofu / Shrimp / Broccoli / Carrots / Edamame / Cucumber
Avocado / Mushroom / Baby Corn

VEGETARIAN

Tofu / Broccoli / Carrots / Edamame / Cucumber
Avocado / Mushroom / Baby Corn

VEGAN

Tofu / Broccoli / Carrots / Edamame / Cucumber
Avocado / Mushroom / Baby Corn

SAUCES

Siracha Mayo Gluten Free
Teriyaki Gluten Vegetarian & Vegan
Thai Glaze Gluten Free, Vegetarian & Vegan
Cucumber Wasabi Gluten Free, Vegetarian & Vegan



Deli

GLUTEN FREE

Turkey / Roast Beef / Ham / Grilled Chicken / Tuna Salad
Chicken Salad / Roasted Vegetables / Hummus / American
Swiss / Pepper Jack / Provolone Cheddar / Parmesan
Lettuce / Pickles / Tomato / Bacon Banana Peppers
Red Onion

VEGETARIAN

Roasted Vegetables / Hummus / Lettuce / Tomato
Banana Peppers / Red Onion / Pickles

VEGAN

Roasted Vegetables / Hummus / Lettuce / Tomato
Banana Peppers / Red Onion / Pickles / All Bread Items

SAUCES

Mayo Gluten Free
Mustard Gluten Free, Vegetarian & Vegan
Caesar Gluten Free
Hot Sauce Gluten Free
Chipotle Mayo Gluten Free

Grill

GLUTEN FREE

Eggs / Bacon / Sausage / Ham / Turkey Bacon / Hash Browns
Tater Tots / Burger / Turkey Burger

VEGETARIAN

Hash Browns / Tater Tots / Black Bean Burger / Vegetables
Sweet Potato Fries / French Fries

VEGAN

Hash Browns / Tater tots / Black Bean Burger / Vegetables
Sweet Potato Fries

SAUCES

Siracha Mayo Gluten Free
Teriyaki Gluten Vegetarian & Vegan
Thai Glaze Gluten Free, Vegetarian & Vegan
Cucumber Wasabi Gluten Free, Vegetarian & Vegan



We Offer Gluten Free Bread and Wraps